



FULBRIGHT AMERICAN STUDIES INSTITUTE

*Sponsored by the U.S. Department of State, Bureau of Educational and Cultural Affairs,
Study of the U.S Branch, under the Fulbright-Hays Act of 1961 as amended.*

December 2, 2003

Dear Fulbright Scholar:

Congratulations on your selection for participation in the 2004 Fulbright American Studies Institute on *U.S. National Security: American Foreign Policy Formulation in an Era of Globalization*. We are very happy that you will be joining us in Newark, Delaware early next year for this four-week and one-half program.

This letter is intended to serve as our initial welcome, to provide you with some preliminary information regarding the University of Delaware (UD), and the program in which you will be participating. With this letter, we hope to answer some of the initial questions you may have and to help you prepare for your stay in the United States. We will be in touch with you again with additional information, but please do not hesitate to contact me – or any member of the Institute staff – directly should you have any questions or concerns. The Institute's website will soon be available and will contain additional information about the program. Its address will be international.udel.edu/projects/grants/fulbright2004.html.

ABOUT THE UNIVERSITY OF DELAWARE

The Institute, held from January 4 to February 4, 2004, is sponsored by the U.S. Department of State, Bureau of Educational and Cultural Affairs, Study of the U.S. Branch, and is implemented by the University of Delaware. At the University of Delaware, the two units principally responsible for organizing the Institute are the Department of Political Science and International Relations and the Center for International Studies.

The **University of Delaware's** main, 2000-acre campus is located in Newark, Delaware. Tracing its roots to 1743, UD is a state-assisted, private university and is a land-grant, sea-grant, space-grant, urban-grant, and Carnegie Doctoral/Research Extensive institution. It has seven colleges: Arts and Science; Agriculture and Natural Resources; Business and Economics; Engineering, Health and Nursing Sciences; Human Services, Education and Public Policy; and Marine Studies. UD offers 124 undergraduate, 80 masters, and 46 doctoral programs. It has a student body of approximately 21,100 (16,400 undergraduate and 4,700 graduate and continuing education).

The **Department of Political Science and International Relations** has 19 faculty members and 750 students in its undergraduate programs—making it the fifth largest department in the College of Arts and Science. Students may select from three major programs (Political Science, International Relations, and Political Science Education) and a minor in Political Science. The department also co-sponsors three degree programs with the Department of Foreign Languages and Literatures in French, German and Spanish. At the graduate level, the department has a Ph.D.-based program in Global Governance, and also co-sponsors the M.P.A. program with the School of Urban Affairs and Public Policy. Currently there are over 35 students registered in these programs.

The **Center for International Studies** is the University of Delaware’s leading administrative unit for international education, and benefits from a long tradition of international activity. In 1923, UD pioneered study abroad programs in the United States, and today operates over 70 programs in 30 countries—placing it in the top six national institutions in terms of student participation. In turn, the international student population on campus comprises approximately 10% of the total population. The Center is actively involved in implementing a wide range of international programs, including externally-sponsored projects and overseeing the University’s agreements with institutions of higher education in other countries. The Center has implemented numerous participant training programs sponsored by the U.S. Department of State that have brought literally hundreds of international scholars, students and practitioners to the campus; additionally, it also administers a number of USAID grants.

OBJECTIVES AND REQUIREMENTS OF THE INSTITUTE:

The Institute program is divided into four modules, each approximately one week long, organized around a theme and a complementary research question to guide activities. Each module will include an integrated mix of lectures, seminars, moderated discussions, panel discussions and site visits that will provide a comprehensive understanding of the research question.

We are committed to providing you with a variety of perspectives on issues of U. S. National Security and Foreign Policy. Your active and open participation in the classroom and in meetings with U. S. federal, state, and local government officials is encouraged; as it will be in our visits to think-tanks, international organizations, and non-governmental organizations. Additionally, we have set some time aside in the schedule so that you may share your work with your fellow scholars.

Although your attendance is expected (subject to medical limitations) at each of the Institute’s lectures, seminars, and discussions (excepting that you are free to choose among those that deal with regional issues). We have also designated several social and cultural events as optional. Nonetheless, you should be aware that the Institute’s schedule is rather intense. You will have only limited hours for individual research. This is, in part, owing to our desire not only to build scholarly understanding, but also to build an epistemic community with you – and between you and your fellow Fulbright scholars – which will last beyond your stay with us.

LIVING, STUDYING, AND TRAVELING TOGETHER: WHAT TO PLAN

ACCOMMODATION: In Newark, You will be staying at the [Sleep Inn](#). It is conveniently located adjacent to the University's campus and is only 1.2 miles (1.9 km) from the heart of the University where most of your classes will be held. A free shuttle bus operates from near the hotel, but many participants in the past have opted to walk; a public bus stops directly in front of the hotel allowing easy transportation to the Christiana Shopping Mall and Wilmington (the largest city in Delaware). At the Sleep Inn, each scholar will have a private room; reasonably priced laundry facilities are on site. During our study trips to Washington, New York, and Boston you will share a room with another scholar of the same sex. However, if you wish to upgrade to a private room while on the study trips, you may do so at your own expense (if you are interested in upgrading, please let us know as soon as possible.).

HOTEL ADDRESSES:

[Sleep Inn](#)

630 South College Avenue
Newark, DE 19713
Phone: 302-453-1700
Fax: 302-453-1710

[Raddison Lexington Hotel](#)

511 Lexington Avenue (at 48th)
New York, NY 10017
Phone: 212-755-4400
Fax: 212-751-4091
(Nights of January 22nd, 23rd, and 24th)

[Washington Wyndham](#)

1400 M Street, NW
Washington, DC 20005
Phone: 202-429-1700
(Nights of January 13th, 14th, 15th, and 16th)

[The Tremont Boston Hotel](#)

275 Tremont Street
Boston, MA 02116
Phone: 617-426-1400
(Nights of January 29th and 30th)

ELECTRICAL APPLIANCES: The standard electrical system in the United States is alternating current, 60 cycles, 120 volts. If you bring electrical equipment (such as hairdryer, shaver, computer), be sure it is compatible or bring an adapter.

YOUR CONTACT INFORMATION WHILE IN THE UNITED STATES: Your family and colleagues may phone or write you at the Sleep Inn. During the study tours, the Sleep Inn will take phone messages and hold your mail; however, you may also be contacted at the hotels in Washington, New York, and Boston. If you wish, you may also have letters and packages sent prior to your arrival in the United States to the following address:

YOUR NAME

Fulbright American Studies Institute
C/O Center for International Studies
University of Delaware
186 S. College Avenue
Newark, DE 19716

In case of true emergency, you family and colleagues may also telephone any of the Institute's staff (phone numbers are listed below) or the University of Delaware Police Department at 302-831-2222.

TELEPHONE / TELEVISION / INTERNET: Each room in the Sleep Inn has its own television, radio, and telephone with voice mail. You will have access to the Internet at computing sites across the UD campus, and an internet-connected computer will be available for the shared use of Institute participants at the Sleep Inn. You should be able to use your "back home" e-mail account from the United States; however, if you would rather not, for whatever reason, please let us know upon your arrival and we will assist you with establishing local e-mail service.

FOOD AND DINING: There is a restaurant located directly next door to the Sleep Inn and a number located near the center of campus. Additionally, each room is equipped with a refrigerator; we will provide transportation to a nearby grocery store. You will receive an ample allowance to cover the cost of your meals.

WEATHER: The weather in Delaware in January normally averages between 23°F (-5°C) to 40°F (4.5°C), with low to moderate levels of precipitation (snow, rain, sleet/ice). There may be some days when you may only need a light jacket, but for most of your trip you should plan on winter weather conditions – cold temperatures, rain or snow, and wind. The weather is slightly warmer in Washington and colder, with a greater chance of snow, in New York and Boston. Wind can make all these places feel even colder.

You may want to consider bringing the following: a raincoat, an umbrella, boots, a warm scarf, a thick winter coat, warm gloves, a warm hat, 1-2 sweaters, warm socks, and clothing which can be layered.

For participants who are coming from areas which do not experience such winter conditions and do not have sufficient clothing from previous trips, we have a limited number of bursaries available for the purchase of winter clothing. Participants who would like a winter clothing allowance should e-mail Stephen Amster at samster@cfis.udel.edu. Awards will be based solely upon the climatic differences between your home and Delaware (with adjustments made for prior travels to winter climates) and will reimburse actual purchases (itemized receipts required) of appropriate clothing, including hats and footwear – either in the United States or before your arrival – up to US\$100.00.

DRESS: Generally, academics and students dress casually in the United States. For men, casual slacks or jeans, collared shirts, and/or sweaters are acceptable; for women, sweaters or pullovers, casual skirts and pants are acceptable while on campus. In Delaware, dressier clothing is appropriate for some restaurants and nightspots, but the atmosphere is generally informal, and comfortable sportswear is usually appropriate. In Boston, New York (especially), and Washington one encounters more formal/fancier attire. You may wish to bring a business suit for meetings with government officials, and a sport-jacket and dress trousers, or a blouse and skirt, for meetings with academics while away from Newark as well as for receptions and other special events. In all cases, appropriate non-western wear is perfectly acceptable. As we will do

a significant amount of walking, please be *certain to bring at least one good pair of comfortable walking shoes.*

TRAVEL DATES AND DEPARTURE: During the program residency, you will take part in three study tours and several day trips. The first study-trip is to Washington, DC, from January 13 to January 17. The second is to New York City, NY, from January 22 to January 25. The third is to Boston, Massachusetts, from January 29 to January 31. You will not need to check-out of the Sleep Inn during these trips. We anticipate that you will leave the United States on February 5; we will provide transportation to the Philadelphia International Airport. However, if you would like to stay in the United States longer than February 5, you will be responsible for making your own travel arrangements and accommodations and ensuring that you do not violate U. S. immigration laws and regulations. Please keep this in mind as you make your travel plans. We strongly recommend that you discuss any such travel plans with the appropriate personnel at the U.S. Embassy, Consulate, or Fulbright Commission before you leave for the U.S.

LUGGAGE: Please pack lightly. As you will see from the schedule, we will be traveling frequently. For each study tour, due to space restrictions, we must limit each grantee to one (1) small suitcase and one (1) small carry-on per person. You alone are responsible for carrying your luggage during the program; there are no porters or assistants.

SECURITY: Statistics show that in comparison to other large college campuses, UD is a relatively safe environment. Nonetheless, individuals in our community still must take personal responsibility for their own safety by being aware and alert.

Newark, Delaware is generally safe, even at night, although some people prefer to walk in groups of at least two. The most prevalent problem is theft. Illegal entry and theft of valuables from residences on campus and in Newark can occur, but you can greatly reduce your chances of becoming a victim of this crime by following some simple guidelines: always lock your doors and windows when leaving, even if just for a few minutes. Each of the hotels will provide either safe deposit boxes or in-room safes without charge. However, if you are bringing anything particularly valuable, you may wish to insure it before you leave home as neither the University of Delaware nor the U. S. Government can accept any responsibility for your loss; photograph and record the serial numbers of your valuables.

Unfortunately, some students have had their backpacks stolen from the Library and other academic buildings. Thieves sometimes frequent these areas looking for unattended property. When in the Library, do not leave your backpack unattended while you look for a book, use the restroom, or take a snack break.

LIBRARY AND COMPUTERS: You will be provided with a University ID card and will have full access to the library and computer facilities on campus. You will receive a campus tour as well as a library tour, which will include instructions on how and where to access the computer labs.

FINANCES, HEALTH CARE AND INSURANCE: WHAT YOU NEED TO KNOW

EXPENSES: The UD-Fulbright American Studies Institute will pay for your hotels, travel to Washington, New York, and Boston (including public transportation in those cities) and will also provide a stipend for all of your meals (excepting an occasional group meal provided for special events) and incidentals. You will be provided all books and materials required by the Institute, you will receive a research support allowance for buying books and attending cultural activities, and you will receive an allowance for postage. These funds will be directly deposited into your own bank account at Wilmington Savings Fund Society Bank, FSB (“WSFS”), which has an office right on campus; you will be able to access the funds by using your University ID card in any ATM (fees apply for use in non WSFS machines). There will be no fees assessed for opening, maintaining, or closing your account. Additionally, you will be provided with limited balance cards for photocopying and long distance telephone calls

Should you decide to bring some money of your own, we advise you to bring most of it in the form of travelers’ checks or a credit card, as it is not advisable to carry a lot of cash with you. Major credit cards (American Express, Master Card, and Visa) and U. S. dollar denominated travelers’ checks are readily accepted in the United States. Please also note that taxis and stores are often reluctant to accept large bills (over \$20).

If you wish to use hotel room telephones, pay television, or other personal amenities during the group travel to Washington, New York, and Boston, you will need to bring a credit card with you to guarantee your expenses. The UD-Fulbright American Studies Institute will pay only for the cost of your accommodation.

HEALTH CARE: In order to take full advantage of your stay in the United States, you should be in excellent health. If you are using any medication on a daily basis we advise you to check with your doctor prior to your departure. Please bring an adequate supply of any prescription medicines you may need, and take them along with you aboard your aircraft in case your checked luggage is delayed. You should have a current written prescription IN ENGLISH for any unusual or controlled drugs you may require. If you use contact lenses or glasses, please make sure to bring an extra pair.

The United State Department of States (DOS) provides essential health coverage for Institute participants under the DOS Accident and Sickness Program for Exchanges (ASPE). Upon your arrival, you will be issued a health insurance card that will be valid during your stay with the Institute. Participants can review the specifics of the plan at www.onlinehealthplan.com/oasys/usdos. Claim forms are available at www.onlinehealthplan.com/content/html/acs/56/ACF6102.pdf. Should you need to see a doctor; however, there is \$25.00 co-pay that you will need to provide at the time of service. The insurance covers all accidents, illnesses, and emergencies. You may also wish to purchase additional private insurance.

UD program staff will assist you in locating health care providers should you need care during your participation in the Institute. While a complete list of ASPE providers is available at the

above site, you may wish to note that the following participating primary care providers are located within a short walking distance of UD's Newark campus:

Amara, Sathurukan, MD
(Internal Medicine)
314 E Main St Ste 102
Newark, DE 19711
302-453-1902

Davis, Fredric M., MD
(Internal Medicine)
314 E Main St Ste 103
Newark, DE 19711
302-366-0550

Beste, Gary A., MD
(Family Practice)
314 E Main St Ste A
Newark, DE 19711
302-731-4620

Vakili, Ghassem, MD
(Obstetrics and Gynecology)
314 E Main St Ste 406
Newark, DE 19711
302-368-1611

Additionally, the following ASPE participating pharmacy is also located with a short walking distance of campus:

Rite Aid
268 Elkton Rd
Newark, DE 19711
302-368-1618

GETTING TO NEWARK, DELAWARE: WHAT TO ANTICIPATE

TRAVEL TO AND ARRIVAL IN THE USA: Getting to the United States is much more complicated than it used to be. Please expect long delays at your initial port of entry into the United States due to increased security measures. We encourage you to bring photocopies of any documentation provided by the U.S. Embassy or Consulate in your J-1 visa package.

You should pack at least one outfit and a few toiletries in your carry on luggage, as check-through baggage sometimes is delayed on international flights and you may have to wait a day or two for your things to arrive.

If there are any complications at your airport of entry into the United States or at the Philadelphia International Airport, we ask that you call either Stephen Amster or Sean Cox (their numbers are on the staff contact list). It may cost about \$3.00 to call. If the complications are due to airline delays, please do not hesitate to ask the airline to help you make the call.

With the establishment of the Department of Homeland Security (DHS) and the Transportation Security Administration (TSA), entry into and travel within the United States is a focus of heightened government concern. We strongly encourage you to visit and revisit the following pages in order to keep up to date on the latest rules & regulations regarding travel and luggage restrictions:

Department of Agriculture	www.aphis.usda.gov/travel/travel.html
Citizenship and Immigration Services (Special Registration)	uscis.gov/graphics/shared/lawenfor/specialreg/srprocl.htm
Customs and Border Protection	www.cbp.gov/xp/cgov/travel/
Federal Aviation Administration	www2.faa.gov/passengers/index.cfm
Transportation Security Administration	www.tsa.gov/public/display?theme=175

Please note: items (including medications) confiscated by officials of the Bureau of Customs & Border Protection or the TSA *will not be returned* -- so please make sure you that have followed the rules and that you have sufficient documentation with you when you travel.

Owing to security concerns, people who are citizens of certain counties are subject to “Special Registration” by the Bureau of Customs and Border Patrol. If you are so designated, your fingerprints will be taken at the airport, and you may also be given instructions regarding reporting to the Bureau of Citizenship and Immigration.

We will be in regular e-mail contact with you before, during, and after the program. If you have any questions regarding the program, please feel free to contact us beforehand via e-mail, phone, or fax. The entire staff of the Institute and I look forward very much to meeting you and working with you at UD. We hope the upcoming four-and-one-half weeks will prove to be just the beginning of long lasting scholarly ties and friendship.

With warm regards,

Mark J. Miller
 Professor of Political Science and
 International Relations and
 Academic Director of the Institute

Sean M. Cox
 Associate Director for Special Program,
 Center for International Studies and
 Administrative Director of the Institute

Attachments: Airport Arrival Information Sheet
 Contact information for Institute staff
 BECA Informational Bulletin

CARRY THIS PAGE WITH YOU WHEN YOU TRAVEL

AIRPORT ARRIVAL IN PHILADELPHIA: You will be arriving at the Philadelphia International Airport on January 3. (If prior to your departure, you are informed of changes to your flight schedule, please e-mail or telephone Stephen Amster with your new itinerary as soon as possible.)

When you check in your luggage, be sure that it is checked to **PHL** (Philadelphia). As with all flying, we strongly suggest that when you pack for your trip, you also pack a small bag (to be carried on the plane) with essential items such as toiletries and medicine and one or two days change of clothing in the unlikely event that your checked luggage is delayed in transit. The Philadelphia International Airport is located approximately 35 miles (56 km) from the University of Delaware, approximately a 45 minute drive.

A member of the Institute’s staff will meet you at the. If you clear U. S. Customs and Border Protection prior to arriving in Philadelphia, you will be met just outside of the security check point closest to your arrival gate. If your international flight arrives directly into Philadelphia, you will be met outside the inspection area. In either case you should look for a member of the Institute’s staff who will be carrying a sign reading “Fulbright American Studies Institute – University of Delaware.”

In the unlikely event that you are not met by our staff, please attempt to reach a member of the Institute’s staff by telephone. If you are unable to reach anyone, please wait for at least 30 minutes and then proceed to the ground transportation desk and arrange for transportation to the Sleep Inn in Newark, Delaware. If this necessary, we recommend Delaware Express Shuttle service which costs \$33.00 per trip (plus tip). Please save your receipt if this situation occurs; we will reimburse you for these expenses should they become necessary. Do **not** take a taxi to Newark, Delaware as this is very expensive. Also note that the University of Delaware is located in Newark, Delaware, and not in Newark, New Jersey; this is a common but quite costly error.

EMERGENCY CONTACT NUMBERS

*Stephen Amster	302-831-0603 (office) 302-354-6815 (cell)	Boyka Stefanova	302-831-6450 (office) 302-354-6874 (cell)
Bill Connolly	302-266-9115 (home) 302-354-6672 (cell)	Center for International Studies	302-831-2852
Dr. Sean Cox	302-831-4408 (office) 571-276-2081 (cell)	Dept. of Political Science & IR	302-831-2355
Prof. Mark Miller	302-831-1926 (office) 302-322-3949 (home)	University of Delaware Police	302-831-2222

*If you should have a schedule change, flight irregularities, or other problems at the airport, please contact Stephen Amster first. Other numbers are provided in case you have some other sort of emergency or cannot reach him.

UNIVERSITY OF DELAWARE
2004 FULBRIGHT AMERICAN STUDIES INSTITUTE ON U. S. NATIONAL SECURITY
PROGRAM STAFF CONTACT INFORMATION

The Institute is directed by Professor Mark J. Miller of the Department of Political Science and International Relations and Dr. Sean Cox of the Center for International Studies. Boyka Stefanova, a Ph.D. candidate in the Department of Political Science and International Relations and Stephen Amster, a graduate assistant in the Center for International Studies and a graduate student in the Department of Political Science and International Relations work with the Directors in arranging the logistical and administrative aspects of the Institute. Bill Connolly, a Ph.D. candidate in the Department of History, and Hayette Meddah, a Ph.D. candidate in the Department of Economics will also assist the Institute on logistical matters during your stay.

If you have a question of general inquiry, please send an e-mail to fulbright-admin@udel.edu. Messages sent to this address will be forwarded to each member of the Institute and you will receive the quickest possible reply. You should also feel comfortable contact any of the following people directly:

Professor Mark J. Miller
(Academic Director)
Department of Political Science and
International Relations
University of Delaware
347 Smith Hall
18 Amstel Avenue
Newark, DE 19716
Phone: 302-831-1926
Fax: 302-831-4452
e-mail: mjmiller@udel.edu

Mr. William Connolly
(Program Assistant)
Department of History
University of Delaware
236 John Monroe Hall
46 West Delaware Avenue
Newark, DE 19716
e-mail: billc@udel.edu

Sean M. Cox, Ph.D.
(Administrative Director)
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186 South College Avenue
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THE STUDY OF THE UNITED STATES BRANCH
OF THE U.S. DEPARTMENT OF STATE'S
BUREAU OF EDUCATIONAL AND CULTURAL AFFAIRS

The U.S. Department of State's Bureau of Educational and Cultural Affairs supports and administers activities intended to promote the free exchange of ideas, and to increase mutual understanding between citizens of the United States and people around the world. The underlying principle on which the Bureau operates is that accurate and honest mutual perception will favorably influence relations between the United States and other countries. Many educational and cultural exchange programs are funded and administered by the Bureau, the most well-known of which is the Fulbright Program.

The **Study of the United States Branch** promotes better understanding of the society, culture, government, and other institutions of the United States among foreign university faculty, secondary educators, and other relevant audiences. Program subject areas include American studies, American literature, U.S. history, political science, law, economics, public policy, civic education or any field in the humanities or social sciences related to the study of the United States.

The Branch offers an annual series of six-week, U.S. university-based exchange programs for foreign participants called the Fulbright American Studies Institutes. These graduate-level seminars focus on a variety of U.S. studies disciplines and themes.

It also provides funding support for conferences, seminars, workshops and other educational activities abroad that focus on the United States.

The Branch donates collections of U.S. studies books to libraries and resource centers in other countries, including Branch-produced titles such as Basic Readings in U.S. Democracy and The American Reader series, as well as commercially-published scholarly works and reference sets.

A website providing useful links to a variety of U.S. studies resources is maintained by the Branch. The address is: <http://exchanges.state.gov/education/amstudy/>